

**Food (per person)****Week 1**

- 3 gallons water
- sandwich bread
- 3 boxes quick energy snacks
- 2 cans ready-to-eat soup
- 1 box each crackers and cereal
- 3 cans each fruit and vegetables
- 3 cans tuna/meat
- manual can opener
- 1 jar each jelly and peanut butter
- six-pack juice or sport drink
- instant coffee/tea/powered drinks
- charcoal or propane gas for grill
- matches

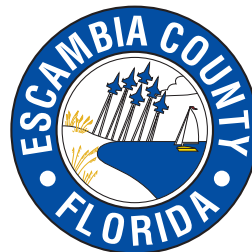
**Water:** Store enough bottled water for all members of your family and pets before the storm. Fill tubs, sinks and your washing machine with clean water you can use for bathing and washing dishes. Your water heater can be used if needed.

**Protecting Property****Week 2**

- 2 boxes large plastic zip bags
- plastic wrap
- 2 rolls aluminum foil
- plastic containers with lids
- heavy-duty garbage bags
- waterproof portable plastic container with lid
- plastic sheeting (drop cloths)

**Protecting items of importance:**

Power may be off for several days after a storm. Roofs may leak and flooding may occur and humidity may be high inside your home until power is restored. Make every effort before a storm to protect items of importance. Use waterproof containers to protect important papers. Wrap valuable items with plastic drop cloths. Put towels in window sills and under doors. Have tarps ready for roofs.



Everyone has a responsibility to prepare for hurricane season.

Purchasing items a little at a time before a storm is easier on your budget, gives you peace of mind and comfort during a storm, and you'll avoid the frustration of long lines and empty shelves.

**Hurricane season runs from  
June 1 to November 30**

**Hurricane Supply Kit  
Weekly Shopping Plan**

**WE WANT YOU**  
to be  
prepared!

**The first 72  
hours are  
on you!**

**Health & Hygiene****Week 3**

- bottle of shampoo
- box baby wipes/hand gel
- tube of toothpaste
- antiseptic
- deodorant/antiperspirant
- tweezers
- assorted adhesive bandages
- gauze and tape
- first aid book
- antibiotic cream
- insect bite cream
- aloe/sunburn relief cream
- ace bandages
- mosquito repellent
- sunscreen

**First aid:** Power and phone outages along with severe weather prevent emergency vehicles from responding to emergency situations. CPR training can save the life of a loved one.

**Cleaning & Supplies****Week 4**

- 2 packages eating utensils, paper cups, paper plates, napkins
- box counter wipes with bleach
- 2 rolls paper towels
- 4 rolls bathroom tissue
- liquid antibacterial dish soap
- 2 pairs rubber gloves
- broom, mop and bucket
- unscented liquid bleach
- old towels and rags
- household liquid cleaner
- spray disinfectant cleaner
- bug spray
- fly swatter

**Use what you have:** Keep a good stock of these personal care and cleaning items. These are good to keep on hand for a variety of emergencies from hurricanes to biohazards or chemical spills.


**To do list before the season:**

- Make a family plan. Who does what and where will your family ride out the storm? Let out of town family and friends know your plan.
- Locate your water meter and electrical shutoff.
- Know the disaster plans for your childrens' school or daycare.
- Trim trees and store loose objects.
- Install/test your smoke and CO2 detectors.
- Video the contents of your home and store the tape with an out of town friend or family member.
- Photocopy important papers and store copies separately and safely.
- Make plans to board your pet if you plan to go to a shelter.

**Keep in a waterproof container:**

- wills, deeds and titles
- insurance policies for home, health, life and automobiles
- stocks, bonds and investments
- passports, social security cards, immunization records
- bank account numbers
- mortgage information
- utility bills (for proof of residency and to turn off utilities that bill regardless of service)
- credit card account numbers
- inventory of household goods
- important telephone numbers
- family records (birth, marriage, death, divorce and adoption paperwork)
- receipts for anything you purchase prior to and following a storm including generators, chain saws, and repairs

Medical Needs	Week 5	Common Tools	Week 6	Heavy Tools	Week 7	Special Items	Week 8
<ul style="list-style-type: none"> <li>___ anti-diarrhea medicine</li> <li>___ pain relievers</li> <li>___ extra prescription medications</li> <li>___ thermometer</li> </ul> <p><b>Special needs shelters:</b> Only residents with a physical condition requiring medical or nursing care that cannot be provided in a general population shelter are accepted. Pre-registration is required, call 471-6400. Individuals must be able to sleep safely on a cot or mat and meet one of the following criteria:</p> <ul style="list-style-type: none"> <li>• needs assistance with medications or medical care administration</li> <li>• needs monitoring of vital signs or medical conditions, but does not need hospitalization</li> <li>• needs reliable electric power for medical equipment</li> </ul>		<ul style="list-style-type: none"> <li>___ battery operated radio</li> <li>___ flashlights and batteries</li> <li>___ assorted safety pins</li> <li>___ scissors</li> <li>___ screwdriver (flat and Phillip's)</li> <li>___ pliers and vise grips</li> <li>___ hammer</li> <li>___ heavy work gloves</li> <li>___ camping or utility knife</li> <li>___ box disposable dust masks</li> <li>___ plastic safety goggles</li> </ul> <p><b>Tune in:</b> Local media are your best source of information during a disaster, broadcasting information from the Emergency Operation Center on weather conditions, hazards, closed roads, curfews and relief center locations. Listen to updates daily, and have a battery-operated radio and plenty of batteries.</p>		<ul style="list-style-type: none"> <li>___ plywood and fasteners to cover windows or some other suitable window protection</li> <li>___ tarps or canvas for temporary roof repair</li> <li>___ hand saw and/or chain saw</li> <li>___ extra fuel</li> <li>___ assorted nails</li> <li>___ wood screws</li> <li>___ hatchet</li> <li>___ crowbar</li> </ul> <p><b>Safety:</b> Most hurricane related injuries occur after the storm as people are cleaning up debris. Wear proper safety gear, know how to properly use power tools and machinery, and never work alone. It may be best to hire skilled and insured professionals to do some of the work. Never hire an unlicensed contractor.</p>		<ul style="list-style-type: none"> <li>___ foods for special diets</li> <li>___ extra hearing aid batteries</li> <li>___ items for denture care</li> <li>___ spare eyeglasses or contact lens supplies</li> <li>___ gallon of water per pet</li> <li>___ leash and pet carrier</li> <li>___ pet food and pet medications</li> <li>___ baby food and formula</li> <li>___ diapers and wipes</li> </ul> <p><b>What do YOU need:</b> Some families will need special items added to their disaster list. These include baby food and baby care items as well as items for your pet. Remember, pets are not allowed in public shelters. A special pet shelter may be opened if needed. Stay tuned to your local media or visit <a href="http://www.bereadyescambia.com">www.bereadyescambia.com</a> for more information and registration.</p>	

Smart Supplies	Week 9	Helpful Supplies	Week 10	Everyday Safety	Week 11	<h2 style="text-align: center;">Want More Information on How to Prepare?</h2> <p style="text-align: center;">Helpful tips, storm surge maps, shelter locations and other information to help you prepare for tropical storms, hurricanes, flooding and other disasters are available from</p> <p style="text-align: center;"><b>Escambia County Emergency Management (850) 471-6400</b></p> 	
<ul style="list-style-type: none"> <li>___ Battery powered camping lantern and extra batteries</li> <li>___ glow sticks for night lights</li> <li>___ portable camp stove or grill</li> <li>___ video or camera</li> </ul> <p><b>Your property:</b> Before hurricane season, make a complete inventory of your valuables and personal property. Store important documents and valuables in a safe dry place. If you evacuate, take them with you. Take a photo inventory before the storm and then take photos of any damage after the storm for your insurance adjuster. Be sure you are properly insured and understand all of the conditions of your policy. This will save you from unfortunate surprises during recovery. Contact your insurance agent as soon as possible following a storm.</p>		<ul style="list-style-type: none"> <li>___ board games and puzzles</li> <li>___ books</li> <li>___ corded telephone (not cordless)</li> <li>___ extra batteries for everything</li> <li>___ local and state road maps</li> <li>___ approved gas containers</li> </ul> <p><b>Have patience:</b> Damage after a hurricane is unpredictable. It can take several days to several weeks to restore power. Crews will begin work as soon as they can to clear roads and restore services. Be patient. Plan for loss of power, phones, water and cable television. Have activities on hand for your family. Remember that everyone in the community is experiencing the same disaster. Be a good neighbor — share resources and supplies. <b>DO NOT HOARD FUEL.</b> Work together, help each other and look out for one another.</p>		<ul style="list-style-type: none"> <li>___ ABC certified fire extinguisher</li> <li>___ smoke detector with battery</li> <li>___ carbon monoxide detector</li> <li>___ heavy duty extension cords for generator use</li> </ul> <p><b>Be prepared:</b> Disasters often happen without warning. Have disaster supplies on hand year-round. Always have a working fire extinguisher, smoke detectors and a carbon monoxide detector. <b>DO NOT USE CANDLES IN A POWER OUTAGE.</b> Never use a generator or charcoal grill inside your home or inside your garage. CERT training can teach you how to respond in the event of a disaster. CPR and first aid training can help save the life of a loved one. Check into local life saving courses at <a href="http://www.bereadyescambia.com">www.bereadyescambia.com</a>.</p>			